



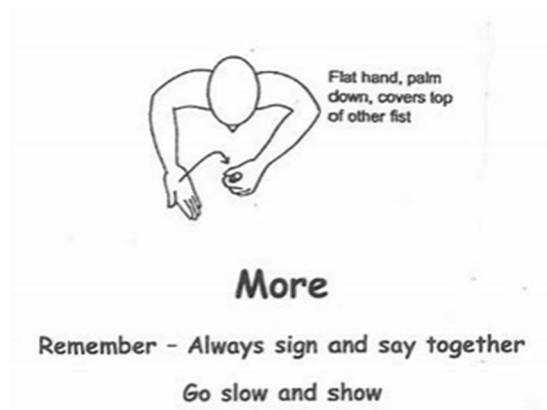
Learning Opportunities for children working at Foundation Milestones Level

Using key words - more and finished

Symbols



Makaton Signs



Communication - working on pointing, joint attention, turn taking, eye contact



Target - I can make a simple choice from two. Encourage y.p. to point with one finger, their other fingers folded over into their hand - model and correct their pointing using hand over hand.

Choosing Box - Make up a box of sensory objects, with things of different textures, sizes, shapes, smells. Include some things that make noises. Show y.p. two objects from the box, ask them to choose one by pointing (correct pointing hand over hand if necessary). First take a turn playing with the object (up and down, on and off - label what's happening) then give it to y.p. for their turn. Ask more or finished for timing of activity. Once it's clear they are bored of the activity label finished (Makaton and symbol) and offer two different objects.

You could also have, either together or as a separate activity some edible things with different tastes and textures.

Cards - Cut and laminate a set of cards each with a photo of the people round about them. Encourage y.p. to deal cards face down (hand over hand if necessary). Take it in turns to turn over the top card onto a central pile. The young person to point to themselves when they see the card with them on it.

Target - Maths - I can explore objects of different sizes in different contexts

Sorting - using a bowl of apples and oranges, get Y.p. to sort them into two separate bowls. You'll need to demonstrate and then do hand over hand to begin with. You could try apples and oranges for a few days then different vegetables, Lego bricks, colours of clothes etc.

Overflow Game - filling a see-through container halfway up with water. Take turns to add stones (label my turn, your turn, my turn...) until the water spills over. Keep adding.



Target - Health & Wellbeing I can take part in a range of physical activities

Ball skills - throwing and kicking a ball back and forward between young person and staff member (bean bag/frisbee)

Scooter/Trampoline/Trike

Sock throwing

Laundry basket and a variety of socks, model play - ask Y.p. to throw socks into basket, take turns, then ask Y.p. to throw socks out the basket, then gather up.

Balloon popping /play

Blow up lots of balloons, place on the floor, allow Y.p. to kick them about or pop them with their feet.

Bubbles play

Blow bubbles and ask young person to pop

Long ribbon play

In the garden give young person a large ribbon or beads to play with, model, encourage them to run with it.

Parachute/ large sheet

Young person enjoys running underneath the parachute and staff flapping it on their head, he also likes sitting under it. There are Parachute songs on Youtube that you could search for and use to sing along. Use more and finished at the end of each song, young person will communicate using body language - label using symbol and Makaton).



Target - I can explore using my senses.

Spaghetti Play

Ingredients - Spaghetti & Food colouring

Method

1. Cook bag of spaghetti
2. Separate cooked spaghetti
in different bowls. Cut some of the spaghetti to make short & long pieces.
3. Add different colouring to spaghetti and mix till its covered. So that you have bowls of different coloured spaghetti.

Play, if becomes dry add a little water.

Treasure Basket

A box or basket filled with pompoms, coloured ribbon, other pieces of materials, Bean bags. Allow Y.p. to explore these objects as he flaps with them, each object will fall slower/quicker etc.

Metal spoons play

A tray of different sized metal spoons, small, med, large, Y.p. will probably flap with them, but he will be exploring different weights, balance on spoons through their fingers.

Rice Play

You can use normal white rice, or you can colour rice with different food colouring, once rice is dry (if colouring) pop into a basin or tub, Y.p. enjoys playing with the rice, but if you wanted to extent activity you could dray a square, circle triangle on paper then fill shapes with glue allow Y.p. to sprinkle rice onto paper.



Leaves & petal pinecone activity

Some leaves, pinecones and petals from old/new flowers. Place pinecones petals & leaves into a bowl allow Y.p. to explore, again each object will move differently.

Target - I can take part in stories in different contexts.

Activity - Rhyming Songs

In a basket have a picture or toy of a star, sheep, ducks, person (head, shoulder, knees& toes)

Ask young person to pick one, then sing the song he picks, then key worker takes a turn (label my turn, your turn, my turn your turn. Use more and finished at the end of each song, young person will communicate using body language - label using symbol and Makaton).

Story-time

Offer young person 2 story books and allow them to choose a story.

Posting

Toy post box or box with slit on top, post coins, pasta or any object. Take it in turns.

House-hold chores

Share an activity like putting clothes into washing machine etc

Vooks - Vooks have some nice talking books online, some are open access. There are activity sheets to go along with them -

<https://watch.vooks.com/classics/videos/giraffes-can-t-dance>

Percussion - Put the young person's favourite songs on and play along on tambourines, bells, drums. Offer a choice of two instruments, correct pointing isomg hand over hand, use more and finished, label choices.



If you don't have percussion instruments you can make them using Pringle tins (cover with paper so that y.p. doesn't think they are getting Pringles) or other tubes. Put different things inside for different noises and tape up well - use rice, nails, paperclips, macaroni, beads etc. You could use a pot and some wooden spoons as a drum.

Water Sand & Mud Play Areas

Water, sand and mud are natural resources for learning in the classroom and out-door play areas. Water play should provide children with interesting, challenging, and puzzling materials to stimulate their active play.

Materials for Water Play & Water Wall

Water table	Squeezy bottles / toys
Ice cube trays & paintbrushes	Measuring jugs
Salt/ Flour shakers	Various sized tubs
Various funnels	Large pebbles
Clear plastic tubing/ drainpipes	Large shells
Various metal & rotary whisks	Sponges & clothes
Variety of sieves/ tea strainers	Variety of scrubbing brushes
Various measuring spoons	Tooth- brushes
Play plastic animals	Fairy liquid / Foam soap
Food colouring	Fruit tea bags
Fresh flowers/ herbs	Sticks & leaves
Metal tea pots	cups
Corks	Kitchen utensils
Beakers	Boats
Beads/ rice	Sand/soil



Materials for Sand Play

Sand table/ pit	Toy Cars & diggers
Various Buckets/ spades	Shells / Seaweed
Various hand brushes	Large stones/ sticks
Various Scoops	Large pebbles / shells
Rakes/ combs	Large feathers
Water Sprays	Sand shakers
Variety of sieves	Variety of sand moulds
Sand windmill	Water based paints

Materials for Mud Play

Mud kitchen/ mud pit	Log stumps
Pots & pans	Pinecones
Variety cake/muffin tins	Various sized tubs
Kitchen utensils	Large pebbles
Metal colanders	Decking planks
Tires	Sticks & leaves
Straw	Various measuring spoons
Various jelly moulds	Wooden spoons
Root vegetables	Hand brushes
Metal tea pots	Plastic plant pots



Sensory Bottles

<p><u>Calming Slow Sensory Bottle</u></p> <p><u>Ingredients</u></p> <p>Clear hair gel Warm water 2 Lego bricks Fine Glitter</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Combine 1-part hair gel to 6 parts warm water let it cool.2. Pour gel/water into bottle.3. Add a little fine glitter and lego bricks.4. Remove air bubbles & fill the bottle right to the top.5. Place lid on and shake.6. Glue or tape lid.	<p><u>Rain- stick Sensory Bottle</u></p> <p><u>Ingredients</u></p> <p>Coloured plastic straws $\frac{1}{2}$ cup of rice</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Cut straws & half fill the bottle2. Add rice3. Fill the bottle with straws to top.4. Place lid on and either glue it or tape it closed.
<p><u>Scented Sensory Bottle</u></p> <p><u>Ingredients</u></p> <p>1 cup of rice Food colouring Essential oil (lavender) 12-15 Pastel coloured plastic straws</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Pour rice in ziploc bag2. Add food colouring3. Add essential oil4. Empty rice on a tray & allow to dry5. Use a pin to create tiny holes around the bottle	<p><u>Colour Mix Sensory Bottles</u></p> <p><u>Ingredients</u></p> <p>Water Food colouring Baby Oil Candy colouring/ oil-based paint</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Half fill 3 bottles with water.2. Add Blue (bottle 1), Red (2) & Yellow (3) of food colouring. Mix3. Fill the bottles with baby oil.4. Add candy colouring/paint & mix. Shake & watch it settle. <p><u>Mermaid Sensory Bottle</u></p>



<p>6. Fill bottle with straws & rice. Secure lid.</p> <p><u>Sea-side Sensory Bottle</u></p> <p><u>Ingredients</u> Blue food colouring Small gemstones 1 tblsp Silver glitter Small seashells Silver sequence stars</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Add the seashells & gemstones to the bottle2. Fill the bottle $\frac{3}{4}$ full3. Add a few drops of food colouring4. Add glitter & stars5. Secure lid	<p><u>Ingredients</u> Boiling water & jug & whisk 2 oz Blue Glitter glue/ clear glue Big Blue & green glitter Fine Blue & green glitter Blue Food colouring</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Pour 1 $\frac{1}{2}$ cups of boiling water to measuring jug.2. Add & mix 2 oz of clear glue3. Add all the glitter & colouring4. Whisk & add to bottle5. Secure lid.
<p><u>Winter Sensory Bottle</u></p> <p><u>Ingredients</u> Blue glitter glue Snowflake confetti</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Fill bottle $\frac{3}{4}$ full with water2. Add blue glitter glue3. Add confetti4. Shake & secure lid	<p><u>Magnetic Sensory Bottle</u></p> <p><u>Ingredients</u> Paper clips Screws/ nuts & small bolts Small amount of magnetic sand Baby oil Large magnet wand</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Drop screws/nuts etc in bottle2. Fill with baby oil3. Secure lid



<p style="text-align: center;"><u>Magic Bead Sensory Bottle</u></p> <p><u>Ingredients</u> 20 Hamma beads Clear soft hand Soap</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Pour soap into bottle2. Add beads3. Secure lid	<p style="text-align: center;"><u>Water Bead Sensory Bottles</u></p> <p><u>Ingredients</u> Coloured water beads Water</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Follow water beads instructions2. Add water & beads to bottle. Secure lid.
<p style="text-align: center;"><u>Nebula Sensory Jar</u></p> <p><u>Ingredients</u> Small Jars Silver glitter Cotton wool balls Various Food colouring Spoon</p> <p><u>Method</u></p> <ol style="list-style-type: none">1. Pour small amount of water in jar add 1 colour of food colouring. Full cotton wool balls out and place in coloured water until it soaks up most of the water.2. Add glitter and mix, add 2nd coloured water, then add more cotton wool balls.3. Then add more glitter and then mix up another colour, add more cotton wool balls and push down with spoon, until all cotton wool is soaking up colour, continue doing this process until jar is full.	<p style="text-align: center;">Nebula Jars</p> 